

DIVISION OF BEHAVIORAL HEALTH AND RECOVERY
OFFICE OF PROGRAM SERVICES
PROGRAM PROFILE

Alcohol/Drug Help Line, Teenline, and Clearinghouse

Date Profile Updated: January 2010

Who Can I Contact At DBHR For More Information?

Primary Contact Information

Deb Schnellman, Contract Monitor
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Alternate Contact Information

Steve Smothers, Contract Manager
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What Is The Program Description?

The Alcohol/Drug Help Line (1-800-562-1240) is a statewide crisis telephone service available from 8 a.m. to 10 p.m., seven days a week. They provide information and referrals, maintain listings of bed availability around the state, and maintain a Chemical Dependency Professional's webpage for information on workforce development and employment. Volunteers receive extensive training in crisis counseling before they begin providing services on the Help Line. The Help Line operates an information clearinghouse that provides free print and video resources.

What Populations Are Served and Who Is Eligible For These Services?

- Parents seeking a chemical dependency assessment for their teen.
- People seeking assessment/treatment for themselves.
- Educators, prevention specialists, and chemical dependency providers.
- Family members, friends and others seeking help to intervene in someone's substance abuse.
- Parents, teens, educators and others needing educational materials.

How Many People Are Served During The Biennium?

The Alcohol/Drug Help Line responded to 43,532 calls from teens and adults during the 2007-09 Biennium. The Clearinghouse distributed over 925,412 educational resources and presented materials at 138 events around the state. There were 20,381 visits to the Clearinghouse website.

What Is The Biennial Funding Amount and Source(s)?

The Help Line funding for July 1, 2009 – June 30, 2010 is \$310,800 for the Helpline (State General Fund) and \$152,124 for the Clearinghouse (SAPT Block Grant).

What Would The Impact Be If This Program Is No Longer Available?

Washington State residents would no longer have a statewide resource for crisis intervention and referrals, and free educational materials about alcohol, tobacco, other drugs, mental health disorders, gambling addiction, and eating disorders. Over the last two years, calls to the Help Line have increased for both CD and MH related help.

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What Agencies Collaborate With DBHR To Deliver These Services?

The Help Line collaborates with county and state social services, emergency services, residential and outpatient contractors, private agencies, assessment centers, and other crisis lines.

What Are The Sources For Program Data or More Information?

Ann Forbes, Director, Alcohol/Drug Help Line (206) 722- 3700.

Any Other Comments?

Website: www.adhl.org